

*Maple Counseling Center*

**3 - Clinical Biographical Assessment** by: \_\_\_\_\_

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Gender: \_\_\_\_\_ Pro-noun: \_\_\_\_\_ Ethnicity: \_\_\_\_\_ Age: \_\_\_\_\_

Place of Birth: \_\_\_\_\_ Cultural Barriers: \_\_\_\_\_

Family Migration History: \_\_\_\_\_

Highest Grade/Degree: \_\_\_\_\_ Barriers to Education: \_\_\_\_\_

Current Relationship Status: \_\_\_\_\_ Name: \_\_\_\_\_ Years Together: \_\_\_\_\_

Age and Occupation of Partner: \_\_\_\_\_ Living Arrangement: \_\_\_\_\_

Past Significant Relationships: (include years together, nature of the relationship etc)

Children/Step/Grand: (names/ages/relational satisfaction)

Parents/Step-Parents/Guardians: (names, ages, year and cause of death, occupation, quality of relationship)

Parent/Guardian 1:

Parent/Guardian 2:

If Parents Divorced: What Age where you and what Effect did it have on you?:

Step-Parents: (names, ages, quality of relationships)

Siblings: (names, ages, quality of relationships)

**Description of Childhood:** (home live, relocations, school experiences)

**Family History of Alcoholism, Mental health or Violence**

**Family Medical History:**

**Past/Present Medical Care:** (major medical problems, surgeries, accidents, illnesses etc)

**Somatic Issues:**

**Past/Present Substance Abuse/Usage:** (include treatment programs if any)

**Past Suicide Attempts and/or Violent Behaviors:** (description, ages, treatment etc)

**Past Psychotherapy Experience:** (length of treatment, what worked what didn't?)

**Friendships, Community, Spiritual, Group Affiliations:**

**Lawsuits, Divorce or Custody Dispute Involvement:**

**Other Agency or Professional Involvement:** (social workers, attorneys)

**Unit of Treatment:** (who will be involved in treatment?)

**Diagnostic Impressions:**

**Barriers/Special Needs of Client(s):**

**Strengths:**

**Presenting Problem:** (which of the six problem domains is at issue? Medical status, employment, substance abuse, legal status, family or social status and psychiatric status?)

**Goals:**

**Objectives:** (objectives address the goals. Objectives are measurable and specific)

**Plan:**

**Prognosis:**

**Treatment Length est:**